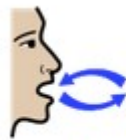


Corona Virus COVID-19

What are the symptoms?



fever



breathing

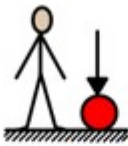


difficulties



cough

Have symptoms?



stay



indoors



keep



contact



with people

Things to do



do



exercise



stay away

from



gatherings



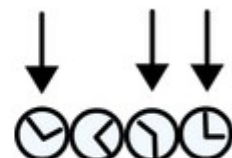
do



healthy food



wash hands



often

What should I do to prevent catching and spreading the virus?



Wash hands frequently with soap and water or use a sanitiser gel



Catch coughs and sneezes with **disposable tissues**



Throw away used tissues (then wash hands)



If you don't have a tissue **use your sleeve**



Avoid touching your eyes, nose and mouth with unwashed hands



Avoid close contact with people who are unwell